

Advice and emergency details for students under 18

Student cards

You should always carry your St Giles student ID Bracelet with you. This card has your host family's telephone number and the school telephone number.

Travelling to and from the school

Eastbourne is usually a safe place, but **at night**, please be careful. For example, do not go to the seafront or parks when it is dark or to places where there are no other people, and if you are returning home from a school social activity in the evening, it is best to take a taxi home. Our school staff can telephone for a taxi for you. **Do not** walk home alone at night.

Please remember:

- You must be back at your homestay for dinner every evening. If you are going to be late for dinner, tell your host family
- If you go out in the evening or at weekends, tell your host family where you are going, and with whom. Give your host family your mobile telephone number and keep your phone turned on at all times. Leave a telephone number or address where you can be contacted at all times
- If you are under 16 years you must be back at your host family by 21.00pm Sunday to Thursday, and by 22.00 on Friday and Saturday
- If you are 16 or 17 years, you must be back at your host family by 23.00pm Sunday to Thursday, and 00.00 on Friday and Saturday
- Be very careful with your personal possessions and do not carry too much money with you
- If you cannot come to school because you are ill, you must telephone the school (01323 729167) before the start of your lessons. Your teacher will inform the office immediately if you are late or absent from a class. Our Under-18 Welfare Officer will speak to you later to find out why you were absent
- If your behaviour causes concern to the school or to your host family, St Giles reserves the right to inform your parents or your agent where appropriate

When your classes have finished

When your classes have finished, you are very welcome to stay at the school and use the school's facilities.

Problems

- If you have a problem big or small, either at school or with your accommodation, please tell someone at the school. David Hannon is our under-18 Welfare Officer and he is always very happy to talk to you. You can also talk to your teacher, or the Director of Studies or the Principal, the Accommodation & Welfare Officer, or someone in the school office. You can also ask your family to speak to us. The important thing is to talk to us
- If you are not at the school and you have a serious problem or emergency, please call one of the numbers on your student card. The school telephone number is 01323 729167. When the school is closed, call the school emergency number 07833 788118. This is available 24 hours a day, seven days a week

- If you need to contact the police, or get an ambulance, or call the fire service, call the UK emergency number: 999
- If you have a problem and you do not want to tell anyone you know, you can call ChildLine on 080011111. ChildLine is a counselling service for children and young people.

Useful telephone numbers

Remember: You should give the school and your host family your mobile telephone number, and you should ask your host family for their mobile number.

School: 01323 729167

School Emergency: 0783 378 8118 (24-hour service)

Police/Ambulance/Fire: 999

Drink/cigarettes/drugs

- You cannot enter a pub or club, and you cannot buy or drink alcohol if you are under 18 years
- You cannot buy tobacco/cigarettes if you are under 18 years. If you are under 16 years you cannot smoke. At the school, we do not allow under-16s to smoke
- All soft/hard drugs are illegal in the UK. If someone offers you drugs always say NO!

We hope you enjoy your time here!