

# U18 e-Safety

## **SOCIAL NETWORKING**

We want you to be safe and happy whilst here in Cambridge, so we recommend the following when using social networks:

- **Be careful what you share online.**
- **Please do not 'follow' any students or anyone else online.**
- **Always tell your parents/guardians, host family or a trusted adult if someone or something online makes you feel uncomfortable or scared.**
- **Do not add, follow, or give you social media details to any adults in the school, including classmates and teachers.**
- **Talk to your teacher, the accommodation team, or the academic management team if someone insists on adding or following you on social media.**
- **Check your privacy settings to ensure you do not reveal personal information to people you do not know. Use a strong password.**

## **MEETING PEOPLE**

**If you are under 18 years of age then you must NOT arrange to meet with anyone you meet online. Please tell a member of staff or your host family if someone you've met online asks to meet with you**

## **INAPPROPRIATE AND ILLEGAL CONTENT**

There are some websites that are inappropriate or illegal. This includes, but not is not limited to, **spam, pornography, substance abuse, violence, cyber-bullying, extremism and hate sites, and lifestyle sites that promote eating disorders, self-harm or suicide**, as well as websites that promote activities that are illegal for U18s by UK law, such as **alcohol and gambling**.

**If someone tries to share any content of this nature with you, you should tell your teacher immediately.**

## **PHOTOS AND VIDEOS**

No-one in the school is allowed to take photos or videos of U18 students unless they have written permission from your caregiver. If someone records an image of you using a camera, please ask them to delete it. **If you feel uncomfortable about someone taking a photo or video of you, please tell your teacher.**

## **SHARING CONTACT INFORMATION**

You should not share your personal contact information with any adults in the school, including your teacher and classmates. Your teacher should only contact you through the e-School, so make sure you check it regularly. **If anyone contacts you through your personal phone number or email about anything that is not related to school, please tell a member of the academic management or accommodation team.**